

HANDBOOK

The purpose of this handbook is to provide a concise overview of the procedures through which the training program is carried out. All the information contained herein is more widely available on the website www.danzaterapia-esprel.it

Please ask direzione@danzaterapia-esprel.it the login username and password for the private area of the website. If the information you need is not available in this handbook or on the website, do not hesitate to contact us by email.

The Modular Training Program

- Experiential Workshops: acknowledged if conducted by certified DMT. At least 50% by certified Dmt-ER® (see the map on <https://www.danzaterapia-esprel.it/chi-siamo>)
- Training Activities:
 - ⇒ Mandatory Online Seminars, on Thursdays 5-9 PM and Fridays 10 AM-2 PM, C.E.T. (13-14 February, 3-4 April, 25-26 September, 11-12 December)
 - ⇒ Intensive Training Workshops, on choice, in Egypt (24-28 June, 11-15 November) and Italy (see the red marked activities on <https://www.danzaterapia-esprel.it/appuntamenti>)
- Field Experiences: in your country, with different populations and institutions, after planning them in supervision. They can include active observation and conduction.
- Supervision:
 - ⇒ Mandatory Online Group sessions, on Fridays 10 AM-2 PM, C.E.T. (14 March, 18 April, 5 September, 17 October)
 - ⇒ Supervision onsite days, on choice, in Egypt (29 June, 16 November), or in Italy
 - ⇒ Individual online supervision (1 included in the basic fee)
- Interdisciplinary elements (Psychology, Psychopathology, Anatomy): personal study, (topics in the private area of the website). Pre-exam online seminar on demand.

2025 TRAINING PROGRAM

Procedures

- Supervision: cases and issues must be proposed in advance (three days at least) through the form https://www.danzaterapia-esprel.it/images/Modulistica/SCH_SV_Eng.pdf
- Field Experiences: planned and authorized in supervision
- Online activities: laptop / tablet (no smartphones!), good connection, private and well-lit room that allows moving in front of the camera
- Booking activities in Italy: links on the website or direzione@danzaterapia-esprel.it
- Exams: form https://www.danzaterapia-esprel.it/images/Modulistica/Book_Exam.pdf at least 2 weeks in advance to direzione@danzaterapia-esprel.it
- Thesis procedures: see <https://www.danzaterapia-esprel.it/procedure-esami>

Fees

Basic Fee: 600 Euros, via bank transfer, PayPal or cash

Bank Account: IBAN IT46X0569603210000006643X38, BIC / SWIFT: POSOIT22XXX, in the name of Cooperativa Sociale Danzare le Origini

PayPal: dmtatelier@gmail.com

The basic fee includes the enrollment, 32 hours of Training online seminars, 16 hours of online group supervision, 1 individual supervision, exams, login credentials for the website

Other activities in Italy must be paid according to the fees as in the application form

All activities in Egypt must be paid to Rakhawy Institute for Training and Research.

Logbook

Ask direzione@danzaterapia-esprel.it from a gmail account the access to your online logbook. It will be among shared files on Google Drive.

- Activities managed by the school will be directly reported on the logbook.
- To record field experiences, you must provide a self-declaration including institutional context, population, how many sessions, dates of beginning and end, professional DMT in case of observation, eventual partners in case of conduction.
- Certificates of other activities must be provided to make them be recorded on the logbook