

### Personal Information

Name Carolina Marquez Blanco

Date of Birth 03/03/1987

Nationality Spanish

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### Education

09/2001-06/2007 Obtained the high school diploma at IES Zalaeta Gymnasium

09/2004-06/2005 Student exchange/study abroad in the USA New York

09/2006-06/2009 Bachelor's degree in Social Work from ULPG University  
Universidad de Las Palmas de Gran Canaria

09/2009-06/2011 Degree in Socio-Cultural Animation from Felo Monzón College  
Las Palmas de Gran Canaria

02/2017-Present Fourth year of the Psychology degree at UNED University

03/2023 Certified Dance Therapist with completion of a three-year program in  
Dance-Movement-Expressive Therapy at Dmt-ER College Rome Italy

09/1997-06/2007 Ballet Conservatory Rey De Viana Classical Ballet Training

06/2013-09/2013 Intensive German course at the Institute for Intercultural  
Communication Jena Achieved language level B2

04/2017-09/2017 Specialization course in Art Therapy at UMC University

### Work Experience

Since the beginning of my professional career, I have worked extensively with children in various contexts, addressing their development from both educational and therapeutic perspectives. I started my journey at a Montessori kindergarten in Germany, where I integrated teaching methods through play, music, and dance to facilitate comprehensive and enriching learning.

In the beginning of my career as a dance therapist, I discovered in dance not just a technical discipline but the pleasure of moving freely, following the rhythm, and connecting both with oneself and with others, allowing for authentic expression. This experience of the playful pleasure of movement led me to integrate dance as an essential therapeutic tool in my professional practice.

Between June 2022 and January 2023, I worked as a dance therapist at Martin Gropius Krankenhaus in Eberswalde, a psychiatric hospital specializing in adolescents and pre-adolescents.

Since February 2023, I have continued my work at Vivantes Psychiatric Clinic in Berlin, where I work with adolescents and pre-adolescents in specific modules for substance abuse, day clinics, and locked wards.

At Vivantes, dance therapy provides a structured environment that facilitates expression and the therapeutic process.

**Languages** Spanish - Native, Galician - Second native language, Italian, English, German